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# THE COLLATERAL INFORMATION ON COVID-19 AND THE EFFORTS OF THE GOVERNMENT

by

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*[Handwritten signature]*

## Introduction - Dr. Pavithra

It is now known that Corona was even discovered in 1950 and it has 5 to 6 species. The one that is now infecting human being is the mutant virus Covid-19 (Dr. Pavithra, Ph.D.; Corona virus in Arizona University, USA, 2006-2012). According to her the Corona virus is present in animals such as dog, cat, chick, horse, pig, and camel and will spread in moisture content at a distance of one meter when we sneeze. Corona has RNA and protein. It is the largest among RNA virus 0.125 microns. There is no DNA in Corona.

## What Is Corona? - Dr. T. Rama Prasad

We don't know much about this new Corona virus which is informally known as 'CHINA/WUHAN Corona virus'. The World Health Organization (WHO) has coined the interim term '2019-nCoV acute respiratory problem' caused by this virus. This is the new highly contagious virus fast spreading 2019–2020 outbreak. As many early cases were linked to a large seafood and animal market, the virus is thought to have a zoonotic (animal) origin. But, later research indicates that it can spread from human to human by close contact. This virus has been catching headlines during January, 2020. This is a 'novel' (new) virus identified in China in Wuhan City in December 2019 which belongs to the 'Corona virus' family which includes the deadly 'SARS virus', 'MERS virus' and the 'common cold virus' as well. It was identified by 'sequencing the genome', a speedy and laudable research in China. China shared the whole genome sequence with WHO and GISAID. Screening and quarantine in air ports are initiated. Many countries have given travel advisory and warnings about this infection. This virus may snowball into epidemics and into a pandemic. According to the Global Health Security Index (October 2019), most countries are not prepared for the outbreaks of infections. India ranks 57th among 100 countries.

## Dr. A. Abdul Rahman's Message

Miss. Corona "Made in China" has only RNA (RiboNucleic acid) and no DNA (De-oxy Ribo Nucleic Acid) meant for heredity purpose. Since RNA is present, I venture to call uninvited guest as Miss. Corona- 19. The reason that you could survive due to the presence of RNA is its yolk material. As an energy source for three days to stay in the host, the spike like structure is capable of mobility and binding the cell receptors.



ve given to understand that you could survive a pH between 5.5 to 8.5 both acidic and media and the substratum being organic substrate is so conducive to sustain. You, the

I Rahman

uninvited guest has chosen the man as host causing greatest damage that this pandemic did and is going to do probably for a long time infusing FEAR into our blood through media .The 'infodemic' is the real pandemic.The FEAR makes one mad and get worried. Now, how to face it fearlessly.

Methodology :My vision is concerning the "sore throat". This is due to the substrate gets deposited just near the soft palate....( just above innertongue region).Thissubstrate (organic material) acts like a place of free boarding and lodging for the microbes. This substrate can be removed with SALT (SodiumChloride) and never use iodized salt. The sea salt crystals may contain bacteria (Halobacteria) too. Hence, put salt in warm waterdissolve,and just drain the water. Now, add little warm water containing deposited saltand make it brine (High salt content ).

Step.1. One can goggle with salt water.

Step.2.After goggling, just open the mouth.Using index finger clean the substrate deposit above the inner region of the tongue .There may be substrate or not and not to worry about it. However, it should be cleaned.

3. Now clean your index finger soak the finger in the salt (brine ) solution.

4.Then use brine to smear in the inner region of the soft palate using index finger. Repeat if necessary.

This methodology could be done before going to bed in the night time .It is a precaution from own experience. The high pHof brinedisturbs microbes and thus inflammation orinfection is eradicated.Thusthe entry point into trachea(wind pipe) will not happen due to high pH content. The rest of the system is known.What one canperform,whenone goes out, smear high saline water in the inner surface of the nose and throat ..the entry point ...( You have freedom to comment). No infection will occur particularly"no sore throat" and no need to spit andno sneeze or cough will stimulate and health and safety of the Environment *in situ* and *situ* assured.....)Caution:Fear destroys immunity and stress kills. Uncertainty of everything is the greatest stress.

## Global Economy

Miss.Corona youhavebecome the most feared foe for us today. You have been so cruel to kill the dreams of humanbeingsand to crash global economy shockingly within three months?You

the stock market into a tailspin,made the airlines industry to nose dive causing a loss of billion,and made our Indian dream of '\$5 trillion economy' move into the realms of



fantasy by impacting our trade by \$ 348 million, within a span of two months. All our developmental plans had gone for a toss. You had closed even our worshipping places, let alone huge malls, markets, theatres and tourist spots. Loss on tourism sector would be of gargantuan proportions. And you 'locked down' several countries including India. All this you did within a short span of about three months. We are terrified of what is yet in store for us, and we are scurrying around like headless chicken, not knowing how to contain you. What with all the WHO declaring you as a 'pandemic' scourge.

## Your Agenda

You have a well-planned agenda to kill. You killed the whistleblower Dr. Li Wenliang who posted early warnings of your presence on this planet on his social media group. Also you killed Dr. Liu Zhiming, Director of Wuhan Wuchang Hospital who was trying to save people from your attack. And you infected most of the medical staff in Wuhan. You have terrorized the affluent Western societies by infecting scores of people and killing 6,000 in a month, 793 in one day on 21.03.2020 in Italy alone (more than the fatality of 3,248 in China), and by infecting 86,000 and killing 1,300 in the US. As on March 28, 2020, you made a whirlwind tour across the globe and infected over 4,00,000 people and killed over 17,000 in 194 countries and territories !!!

## The Ecological Imbalance You Have Created

But, Miss Corona, why are you doing all this?...A revenge? What harm we humans did to you? ...Oh, that's it? We had tinkered with nature and caused an ecological imbalance in the forests where you were residing in animals ... yes, it's true ... we disturbed you all. Out of sheer greed, we encroach the territory of wildlife and deprived them of food and water ...so the animals, big cats, bats, birds are forced to come out of the wild into human habitation. And your viruses also came along with them and jumped from them into us to taste our blood with impish glee.

Alas! What to do now, Miss Corona, to send you back into the forests?

We human beings, normal imperfect beings, first think of buying you with money because we strongly believe that money would take care of everything – jobs to judgments, taxes to temples, deprivation to depression, etc.... the pernicious influence of our deep entrenched systems make it seem that it is easier to get marks, degrees, jobs, licenses, approvals, certifications, and votes through money. Nothing vague or amorphous ...vulnerable to venality. If

interested we can pay you a huge ransom through a global fund. We have nuclear weapons to annihilate humankind en masse but not you only. Further as a gesture of goodwill, we will make December 31 as the WORLD CORONA DAY (the first death due to COVID-



It occurred on December 31, 2019 in Wuhan, China). So, Miss Corona, be benevolent and let the human race exist. Kindly retreat. That is why our India's Prime Minister chosen right parameters such as sound (March 22, 2020) and light (April 05, 9.00 pm for 9 minutes) to make you to retreat.

## My Request to You Miss. Corona

And finally, we have one more request, Miss Corona. Please don't get married. Yet, we know you lack DNA in your constituent. When you marry someone in your community of vicious viruses, you may beget children with treacherous genomes which may wipe out the remaining 40% of world population, faster than by you – one Chinese billionaire in the US predicted that 60% of the population would vanish because of COVID-19.

## Miss. Coronain India

It may not be palatable to you, Miss Corona, but let me tell you this. You had indeed killed thousands in the rich Western countries, but you couldn't do much havoc in the Indian subcontinent and the African continent, despite our lower standards of living, personal hygiene, sanitation, education, environment and medical facilities. Our Swachh Bharat mission has created an awareness among our Indians at large about hygiene and now *E.coli* a faecal bacteria thinks twice to recycle either through food, water and or other means. We have developed immunity may be because of our standard of living a blessing in disguise factor. We do believe to practice traditional Ayurveda to improve our immunity. We consider immunity is the only long time asset.

And add to that, our not praiseworthy habits and beliefs – some of us are not touching newspapers and drinking cow's urine to ward you off! Hot climate may not be the only factor, as some countries in the tropical zone are also badly affected. In India, of the size of 1.3 billion people, you could infect only about 800 people and kill only about 20, as on 28.03.2020. The Country has 5194 cases, and very sadly 149 deaths with 402 patients recovered. The need of the hour is to follow the guidelines of our Government very strictly, to break the transmission and for that the 'lock down' is the key. Dr. Lav Agarwal, Joint Secretary, Ministry of Health, India dated April 09, 2020. You know why? Lower standards are a blessing in disguise for us.

Our environment is full of filth, bacteria and viruses. So, we had a lot of subclinical infections generated immunity (resistance) -- like racial or herd immunity, over a period of decades. Lower resistance in Western societies may curiously be due to hyper sanitization.



If a little is good, a lot need necessarily not be better. This concept may seem strange and unacceptable, but this view may be vindicated by 'post-corona' epidemiological studies.

If you go a little further, think of Darwin's theory of evolution - natural elimination of the weakest and survival of the fittest. One telling example is this: Dharavi in Mumbai is the Asia's largest slum. 15 lakh people live on the little space of 613 hectares with no proper ventilation, sanitation, light and other basic facilities like water. In the normal thinking, any infection like corona virus in this slum would infect the entire Mumbai in no time. Earlier, a decade ago, when swine flu struck India, hardly any case was detected in this slum while around 3,000 people died in the country. Dharavi, Asia's largest slum has reported 13 COVID-19 cases including two deaths, with more than 3,200 people are under quarantine (The Hindu dated April 09, 2020). Some researchers and Shri. Satish Pawar, Director of Maharashtra Health Mission said that the immunity of the population in this slum is robust which may explain this paradox. Hence, Miss Corona, don't touch us, we are resistant and may retaliate brutally with all our integrated intellectual and spiritual might!

## Symptoms

The symptoms are like those of most viral fevers - 'cold and flu-like' symptoms - cough, fever, fatigue, breathing difficulty, body pain and chest pain. 'Chest X-rays' may show abnormalities in lungs. Lung infection, mainly, and kidney failure in some may lead to death. Infected persons without any symptoms may also transmit this virus. This is of grave concern.

It is now reported that an increase of 30% of 'Kawasaki-like' illness (high fever, skin rashes, reddish tongue and eyes) in children incidental to the Covid-19 entry into Italy is reported. One needs to consult Doctor when the above symptoms occur in Children (As informed by Dr. T. Rama Prasad).

## Diagnosis

Stopping the #COVID19 virus requires fast, accurate testing. One of the most accurate and widely used lab methods for detecting the Corona virus is real time RT-PCR, a nuclear-derived technique.

Real time RT-PCR stands for real time reverse transcription-polymerase chain reaction. Many countries are working with the IAEA to use real time RT-PCR to diagnose a variety of human, and zoonotic diseases, including COVID-19.



## Prevention

And, there are only general preventive tips: 1. Face hygiene 2. Hand hygiene 3. Social hygiene Live a good hygienic lifestyle, Upgrade personal hygiene -- wash hands frequently with soap and water after touching common objects; cover nose and mouth while sneezing or coughing; wear a mask soaked with salt and turmeric solution, avoid to stay in close proximity of people suffering from cold, cough, fever or flu-like symptoms; avoid touching face, nose and eyes without washing hands; avoid crowded places; avoid travel with people from countries of high virus burden; thoroughly cook non-vegetarian food; keep surroundings clean and disinfected; reduce direct unprotected contact with wild or farm animals.

## Preventive Measures

- Using soap and water is the cheapest and best, more effective and much less costly than alcohol-based hand rubs or the antiseptic lotions to clear the hands of dirt and grease.
- Face masks may be beneficial in a general way and when one is near people coughing and sneezing, but not absolutely essential when in clean surroundings.
- Of course, the scare and the undue importance given to the hand sanitizers, antiseptic lotions and face masks have pushed up their sales and the public started making their own face masks besides NGOs have taken initiative in meeting the needs of the poor! God bless them all.

## Food Items to Take During Corona Times

Many natural food items which we take traditionally improve collectively our immunity generally against all the disease producing elements, including Corona virus.

For example, there is a study done at University of Queensland, Australia which indicates that bananas confer immunity against the Corona virus by virtue of good amounts of vitamins B6, vitamin C and Zinc food. One may extract something out of one banana put into a capsule and

pH of Corona virus varies from 5.5 to 8.5.

Corona virus, we need to take more alkaline food



Dr.B.M.Hegde suggests Ginger,Garlic and Pepper.....may be mint leaves...

## Treatment

At present, there is no known specific treatment or vaccination. But lives may be saved by giving supportive and symptomatic treatment. Increasing awareness of the facts about this disease goes a long way to prevent morbidity and mortality.

Dear Miss. Corona, You seem to be retreating. You now witness the coordinated action by the Governments, Government officials, our respected health advisory given by health officials, drug technology innovators, Doctors, nurses' health workers and all our Indians at large who are following the guide lines very strictly to make you to retreat. We continue to fight as we have weapons Chloroquine to Favipiravir... Actemra to Anakinra..... Interferon to immunoglobulins..... miRNA to has -mir-27b and so on.... We are cautious and conscious that you will mutate into a less lethal strain and make a permanent just like another guest like H1N1, AIDS, Dengue, Flu viruses etc; We now know the methodology to live with them as hosts. What should we do now? Just unlearn - Unlearn the bad materialistic life style learnt so far; unlearn the unkind attitude to nature and man developed over the past.... this will help to get green living in the long future. Dr. T. Rama Prasad.

## Why and How The New Viruses Emerge?

We don't exactly know. Man's tinkering with 'Nature' ... deforestation ... pollution ... global warming ... climate change leading to mutations ... evolution -- originated in insects many million years ago and at some point of evolution developed the ability to infect other species ... insects, birds, bats, animals moving out from deep forests into human habitation due to environmental compulsions created by man ... vulnerability due to the emergence of modern bad lifestyle ...

Future is bleak -- The 7.3 billion world population is expected to bloat to around 10 billion by e accommodation and more food would be needed; deforestation; concrete jungles; predators are either killed or migrate; smaller creatures that host killer pathogens crowding and urbanization; bad lifestyle; diseases shine !!!



## Other Such Viruses

1. Marburg virus (MARV)
2. Ravn (RAVV)
3. Nipah virus
4. Japanese Encephalitis
5. Naegleria (brain-eating amoeba)
6. Cryptococcosis
7. Hanta viruses
8. Hendra virus
9. Helminths virus
10. MERS-CoV
11. NDM-1
12. A/H1 N1 flu
13. SARS
14. Ebola, etc.

## Economic Disasters

Aside the loss of life, there would be a staggering economic loss. Today's (02.02.2020) headlines in media are of the longest (160 minutes) Budget Speech by the Respected Honorable Finance Minister Nirmala Sitharaman and the debates on national economics. All these would pale into insignificance if the 2019-nCoV strikes hard on India. China incurred a loss of \$18 billion due to SARS virus in 2002. With 41 million people in the 'lockdown' state, China is poised to lose a staggering \$136 billion, according to an estimate! Zika virus outbreaks cost Latin America and Caribbean \$18 billion in 2017; to control the Ebola virus epidemic \$5 billion were required in West Africa in 2014; a swift penetration of a viral respiratory disease in the world can wipe out 5% of the world's economy and kill 80 million people! India would lose Rs. 3.8 lakh crore or roughly twice the national agriculture budget of 2019-20 !!!

March 2020:

1. Flight - Mumbai to Singapore - the 256-seater plane had just 25 passengers.
2. Flight - Mumbai to London return ticket - Rs. 80,000 ticket was just for 46,000 INR.

## Optimism against the Disaster

Don't be scared, my dear friends. New diseases periodically make sensational headlines though they may not cause as much harm as the existing ones. The fashion is to talk about new diseases while ignoring the old diseases which cause more economic damage in the long term and kill more number of people. Tuberculosis (TB) is an example. In the laid-back India, 1,000 persons are dying every day due to TB. And now, the most dangerous drug-resistant TB, the XDR-TB (resistant to almost all the available drugs) is emerging. God, save us! The "CHINA" is still wreaking havoc in China. Perhaps, their products made for home consumption are of lasting quality! Yes, they have the capability to produce cheap quality firecrackers and



so sophisticated space rockets as well. Otherwise, how could they build a 1,000-bed hospital in nine days for Corona virus patients? Kudos to China.

## Fake Information Prevailing about Corona

No other disease had generated so much of fake news, rumors and misinformation than Corona virus COVID-19. Honestly speaking, we don't have much of proven facts about this disease. This is the exact reason for the great bulk of misinformation about it on the Internet. While the scientific world is struggling to find facts about this new virus, innumerable preventive and curative suggestions are made with no scientific proof. Millions of dollars are being spent on products of unproved efficacy. During the past one month, you would have seen innumerable suggestions of "eat this" and "don't eat this" on the Net. Tall claims were made by alternative systems of medicine, though with no verifiable scientific proof. Many of the suggested food items or medicinal supplements may, of course, boost immunity in a general way -- but nothing specific to this virus. And some of the misinformation leads to a needless scare about certain things like newspapers, chicken, etc. And it also promoted some drugs, vitamins, minerals, cow's urine, as preventive agents against COVID-19.

And curiously a lot of material has appeared on the Internet of predictions and prophecies -- Nostradamus, Sylvia Browne, et al. They continue to arouse people's imagination to make one convinced of the link between this global epidemic and the predictions made long ago.

Like H1N1 virus, this also may become an uninvited permanent guest. When we get used to the trouble they give chronically, we tend not to think about them much. For example the mortality due to H1N1 (Swine flu) virus over the past several years has been still high in India. 1,218 people died in 2019 in India due to Swine flu. 770,000 die of AIDS and related illnesses, and 1.35 million die of road accidents every year around the world. And, 1,000 people are dying every day in India due to Tuberculosis (TB) ... are we getting panicked about this? Don't get panicked about Miss Corona who killed only 17,000 in the whole world so far, but the fear of an invisible enemy in the very air that we breathe is primal. It is the nature's way of balancing life on the planet.

Reference: "Novel dietary Supplementary Immune System Simulator Formulation and Method of Preparation Thereof" Dr. A. Abdul Rahman . Patent Application  
Date: 2016/01/12. Ref. No. 201641001114. C.B.R. No 39902.



## Some Information

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Dry cough+ Sneeze	Air pollution
Cough+Mucus+Sneeze + Running nose	Common cold
Cough+Mucus+ Sneeze+ Running nose +Body ache+ weakness+ light fever	Flu
Dry cough+ Sneeze +Body pain+ weakness + High fever+ Difficulty in breathing	Corona virus

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Source: PrithviJatolia, Pathology Department, AIIMS, Delhi

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## Eminent Speaks...

Dear and Respected Prof.Dr.A.AbdulRahman,

Greetings. At the outset I congratulate you for your timely contribution of 4 decades of your expertise in the field of salt to find simple remedy to the pandemic COVID-19, in tune with the clarion call of our beloved Honourable Prime Minister Mr.NarendraModiji to mitigate its spread and to save the global population particularly Indian citizens. He rightly implemented the first step 'social distancing' to put a break for the worst epidemic spread but after seeing your digital publication "The collateral Information on COVID.19 and the efforts of the Government", I fully agree with the theme you wish to convey the leading scientists and the Govt for the subsequent remedial step. Your idea reflects for a simple but strong scientific message that the remedy for COVID lies in our kitchen itself. As you highlighted alkaline salt not only precipitate/ inactive virulent protein and nuclei acids (in this case COVID-19) but it can also offer a simple home remedy to keep COVID -19 family viruses and by stopping at very entrance of our body itself. Every word and phrases of your article is packed as capsule of information that you unlocked the scientific secret when i discussed on phone. Certainly your preparation that you hinted could help the government to come with an easy home remedy for not only Indian citizens but for the mankind itself. At this juncture, instead of breaking our head on molecular cloning, sequencing and vaccine (the virus change its form so quickly overcoming our wits), it is easy to follow our own traditional based practice and substance. This alone will be affordable to our community and our government also will not be pressurized too much financially to take up the mammoth task. I wish, your message will be felt to every concerned scientist to take a cue from your thought provoking publication as a pinch of salt.

With deep respect

Prof.NatarajanGajendran



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## Eminent Speaks...

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**Congratulations, my friend Abdul! You always come out ahead of the others, with excellent ideas! I really hope that salt can help us with this terrible Chinese virus. Take care!**

**Prof. Dr. Renato de Medeiros Rocha**

**Professor Associado IV / Associated Professor IV CERES/UFRN**

**Laboratory of Soil/Water interactions**

**CIIMAR/Interdisciplinary centre of marine and Environment Research of the University of Porto,4450-208 Matosinhos/Portugal.**

**Dear Prof.**

**This is a great email to a great man like you who made this so simple.**

**Keep up your good work.**

**Hope all is well with you and your family.**

**Kind regards,**

**Jerome.**

**Chief Engineer Taj Hotels.**



## Comments & Dr. Rahman's Answers

**Anonymous.**

March 7, 2020 at 1:14 PM

Learnt a lot....We wish to request you my dear Doctor the virus vs salt....what is the base for virus ...any element.... develop halophilic bacteria in salinity of 24% ( sea water 3.5% ) to develop metabolic heat to evaporate sea water.. by developing pigments .seeking moreknowledgeon virus vs salt...To share salt is formed due to bacteria not due to evaporation of sea water not only by solar energy;yet wind another parameter...along with....Rahman

### **SUGGESTIONS.....No ego but ECO**

For consideration... to avoid microbes contamination

1. Vegetables purchased in the market may be soaked in salt water and again dip in fresh water, use.
2. The FRONTLINE STAFF who are exposed could use just one mug of SALT WATERsmear on the skin exposed surface andwait just a minutebefore taking full bath.
3. People migrate or workers could just have salt crystals when they move, dissolve saltin soft water smear along the body and keep on .....

AFTER ALL OUR BODY FLUID IS NOTHNING BUT MODIFIED SEA WATER...THE ORIGIN OF LIFE.

REMEMBER: FOR ORGANIC, USE INORGANIC TO FIGHT. Ultimately all will be in the ELEMENTAL form.

The LOCK DOWN period, perforce, improves nation's health.

- Home food -- No outside junk food and timely balanced diet
- Exercise -- Indoor exercises and no excuse of not having time
- Sleep -- Enough and timely sleep and no excuseof work timings
- Economy --No way to waste money
- Stress -- No work pressure
- Lifestyle -- Certainly, a better one



**Thank you very much for reading..**